□□□□□□□□□□□□□□□□□ (Recovery Kernel)

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**□□□□□□□□□□□□□□ "Recovery Kernel" (□□□□□□□□□□□□□□

[illegible]: [illegible]

1. **[illegible]**: [illegible]
2. **[illegible]**: [illegible]
3. **[illegible]**: [illegible]

[illegible]

[illegible] — [illegible]

[illegible]

[illegible]

[illegible].

(Chán nāi bǎn sūb khâo thaa dtī phìd paktí.)

Explanation:

* "You were running on the wrong instructions" translates directly to "[illegible]" (Chán nāi bǎn sūb khâo thaa dtī phìd paktí).

* The sentence conveys a clear, direct meaning without adding any extra content or altering the tone.

[illegible]:

[illegible]: [illegible] "Recovery Kernel" [illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

"[illegible] '[illegible]' [illegible]"

(Hai khon muu srang krae khaen thii sab sob non thee "mi tuwa neua" ban lai bang khwan laang khon kaad.)

[illegible]:

* [illegible] "some brains" [illegible] "hai khon" [illegible]
* "have a hole in the bottom of the bucket" [illegible] "srang krae khaen thii sab sob non" [illegible]
* "bucket" [illegible] "kradas" [illegible]

[illegible]

[illegible]

[illegible]

[illegible]

□□□

(Sammorathphai khon samkham in hua lap khon kam kang kham chae hae nang kamsan.)

Explanation:

* **□□□□□□□□□□□ (sammorathphai):** means "brain" or "mental state"
* **□□□□□□□□□□□□□□□□□□□□□□□ (khon samkham):** means "in the context of something essential"
* **□□□□□□□□□□□□□ (in hua lap):** means "within the framework/structure"
* **□□□□□□□□□ (khon kam kang):** means "yours"
* **□□□□□□□□□□□□□□□□ (kham chae hae nang):** means "is looking for"
* **□□□□□□□□□□□ (kamsan):** means "only that" - emphasizing the specific need.

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Recovery Kernel □□□ □□□□□□□□□□ □□□ □□□ □□□□□□□□□□ □□□ □□□ □□□□□

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1. **□□□:** □□ □□□□ □□□ □□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□

2. **□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□:** □□ □□□□ □□□ □□□□□ □□

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□□□ (premium fuel) □□ □□□□□□□□□□ (oil)
□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□ (brakes) □□

□□□

□□□□

- [illegible] ([illegible])
- [illegible]

2. **[illegible]:**
   - [illegible]
   - [illegible]

3. **

[illegible]

[illegible]

[illegible] "junkie" [illegible]

[illegible] "junkie" [illegible]

[illegible] (treatment-resistant) [illegible] "treatment-resistant" [illegible]

[illegible] "[illegible]" [illegible] "[illegible]" [illegible] đạo đức[illegible]

[illegible]

[illegible]

[illegible] (The Architect)

[illegible]: [illegible]

[illegible] ([illegible]) [illegible]. [illegible].

[illegible] "[illegible]" [illegible]

[illegible] [illegible]

[illegible] (psychosemantics) [illegible]: [illegible].

[illegible] — [illegible] — [illegible]

[illegible]: [illegible] (Recovery Kernel)

[illegible]	[illegible]	[illegible]
[illegible] (Recovery Kernel)	[illegible]	[illegible]
Naloxone ([illegible])	[illegible]	[illegible] (opioids) [illegible]

[illegible] ([illegible])	****[illegible] (Recovery) [illegible]?**** [illegible] [illegible] ****Kernel Recovery ([illegible] Kernel) [illegible]?**** **Kernel Recovery** [illegible] **"Kernel" -** [illegible]	**[illegible]:** **- **[illegible]:**** [illegible] **- **[illegible]:**** [illegible] **- **[illegible]:**** [illegible] **- **[illegible]:**** [illegible]

(phu chieaw chaen) **(Note: In a harm-reduction context, "junkie" is often considered stigmatizing and inappropriate. The term "" (phu chieaw chaen), which translates to "person with expertise" or "addict," is more respectful and aligned with the non-judgmental approach.)**		
(addict)		
/**	(**	# **## **: - ****:**
(DNA		

"willpower" [illegible]) [illegible] [illegible]: **- **[illegible]:**** [illegible] **- **[illegible]:**** [illegible]	[illegible]: [illegible] [illegible] tương tác [illegible]: [illegible]	
[illegible]	[illegible]	*[illegible]*
[illegible] (sud kat)	[illegible] (neurological system) [illegible] (survival)	*[illegible]* *(Siding ka nang khad kaar chuwak jn kan khwaai haan cha gen, muen khana in ka ramman wa gan kar prasabkarn chun ek thi khamcha. Sor thang dukkha thi phlan kun ja ek mak khon.)*

(treatment-resistant)		*** :**

> *

[illegible] (Recovery Kernel)

1. [illegible]
- [illegible] [illegible]
[illegible]
- [illegible] [illegible]
[illegible]
- [illegible] [illegible] [illegible] [illegible]
[illegible]

2. [illegible]
- [illegible] [illegible]

[illegible]

(Phrae roa bang khon tai yai ruu sook tha tuk ay thi jep pon)

Explanation:

* "[illegible]" (phrae roa) - Because
* "[illegible]" (bang khon) - Some people
* "[illegible]" (tai yai ruu sook) - Never feel
* "[illegible]" (tuk ay) - Everything
* "[illegible]" (thi jep pon) - That hurts/is painful

- [illegible] — [illegible]
(The question you asked was right — and the honest answer is...)

[illegible]
[illegible]

* **[illegible]:** [illegible]
[illegible]
[illegible] [illegible]

□□□

- □□□□

2. **[illegible]**: [illegible] [illegible]
3. **[illegible]**: [illegible]

# [illegible]: [illegible] **## [illegible]?** [illegible] **"Recovery Kernel"** [illegible] **## [illegible]:** **1. **[illegible]:** - [illegible]: [illegible] - [illegible]: [illegible]	**[illegible] ([illegible])** **(Translation: [illegible] [illegible])** **- **[illegible]:** [illegible] **- **[illegible]:** [illegible] **- **[illegible]:** [illegible] **- **[illegible]**
[illegible] → [illegible] [illegible]	[illegible] ([illegible]) → [illegible] 80 [illegible]. [illegible]. [illegible]. [illegible].
Medical emergency from overdose → private hospital. Comfortable room. Addiction specialist. Insurance covers it.	Medical emergency from overdose → ER. Stabilized. Discharged in 12 hours with a pamphlet. No follow-up care.
[illegible] [illegible] (HR) [illegible] (EAP) [illegible] 3 [illegible]	[illegible] → [illegible] [illegible] [illegible]
[illegible] → [illegible] [illegible] [illegible] [illegible]	[illegible] - [illegible] - [illegible] - [illegible] - [illegible]
[illegible] [illegible] → [illegible]	[illegible] Medicaid [illegible] → [illegible]

[illegible] (pharmacogenomics) [illegible]. [illegible] 2,000 [illegible]. [illegible].	[illegible]. [illegible]
Overdose fatality from wealthy neighborhood → news coverage. Community grief. Demand for systemic action.	Overdose fatality from poor neighborhood → brief item on page six. 'Community known for drug problems.' No action.
[illegible] (prescription opioids) [illegible] (iatrogenic) [illegible]	[illegible] ([illegible]) → [illegible]

[illegible]

[illegible]

[illegible] **(Selective Harm)** [illegible]

[illegible]

1. **[illegible]:** [illegible]

2. **[illegible]:** [illegible]

[illegible]: [illegible], [illegible], [illegible].

[illegible]

[illegible]

(Phay trong siang thang tak tang khon thi geud khet kab nang sae din dai khon phai.)

□□□

[illegible]: [illegible]

1. **[illegible]:**
   - [illegible] [illegible]
   - [illegible] [illegible]

2. **[illegible]:**
   - [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible]

3. **[illegible]:**
   - [illegible] [illegible]
   - [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

- [illegible] [illegible]

(Note: I've translated the terms "substance" and "treat" to their most appropriate Thai equivalents, maintaining the original meaning and tone.)

[illegible] "Recovery Kernel" ([illegible])

[illegible] **"Recovery Kernel"** [illegible] [illegible]

[illegible]:

1. **[illegible]:** [illegible] [illegible] [illegible] [illegible], [illegible], [illegible].

2. **[illegible]:** [illegible] [illegible] [illegible], [illegible] [illegible], [illegible]

[illegible]

[illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] "[illegible]?" [illegible]

[illegible]: "[illegible]?"

[illegible]

[illegible] (Thāt kār tòb kạn phài [illegible])

(Note: This translation follows the specified approach, aiming for natural Thai

while preserving the emotional register and structural integrity.)
[illegible] (The Architect)

[illegible]
[illegible]:

1. **[illegible] ([illegible]):**
   - [illegible], [illegible], [illegible] ([illegible]) [illegible].
   - [illegible] [illegible] [illegible] (visual processing) [illegible] (multisensory integration).

2. **[illegible]:**
   - [illegible] [illegible] (language) [illegible].
   - [illegible]

[illegible] [illegible]

[illegible] **Recovery Kernel**

****Recovery Kernel** ([illegible]) [illegible] [illegible]**

****Naloxone ([illegible])** [illegible]**

[illegible] "Recovery Kernel" [illegible]:

1. **[illegible]: [illegible]**

2. **[illegible]: [illegible]**

[illegible]

- **[illegible]: [illegible]**
- **[illegible]: [illegible]**
- **[illegible]: [illegible]**
- **[illegible]: [illegible]**

COMT ([illegible]), **DRD2 ([illegible] 2)**, **MTHFR ([illegible])** [illegible] * **Blueprint ([illegible])** [illegible]		
[illegible]	[illegible] ADHD - [illegible] "[illegible]" (COMT [illegible] Val/Val) [illegible] (dopamine)[illegible] **[illegible]:** ADHD [illegible] COMT Val/Val [illegible] (dopamine) [illegible] ADHD [illegible] **[illegible]:** 1. **[illegible]:** [illegible]	[illegible] (Warriors) [illegible]
[illegible]	[illegible] (Dyslexia) [illegible] (Dyslexic) [illegible]	[illegible] "[illegible]" [illegible] — [illegible]

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[illegible] [illegible]	[illegible]	[illegible]
[illegible]	[illegible] (PTSD) - [illegible], [illegible] GABRA2	[illegible]
[illegible]	[illegible] CYP2D6 [illegible]	[illegible]

[illegible] — [illegible]

(Kham kap kao prab prung — Khun chaa mi hai tai jab pad jring)

1. **[illegible] (Khwaam samarut)** — [illegible]; [illegible]

2. **[illegible] (Khwaam ruen sook)** — [illegible]; [illegible]

3. **[illegible] (Khwaam chee bot)** — [illegible]; [illegible]

4. **[illegible]

[illegible]

[illegible] "[illegible]" [illegible]

[illegible]

□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□

□□□□□□□□ **5:** □□□□□□□□□

- [illegible]/[illegible]
- [illegible]
- [illegible]/[illegible]
- [illegible]
- [illegible]
- [illegible]/[illegible]

[illegible]
(Siding thī mang tōngkān kòr chum chuen [illegible] kār phōk abromm iñi)

(Note: This translation maintains the original meaning while using natural and idiomatic Thai expressions. It respects the clinical tone of the source.)

[illegible]

[illegible]

[illegible]

[illegible]

[illegible] (Jà chì wai læn yù nài pái nang)

[illegible] (Dii) — [illegible]

[illegible]

[illegible] (Recovery Kernel)

[illegible]

1. **[illegible]:** [illegible], [illegible]. [illegible].

2. **[illegible]:** [illegible]. [illegible]? [illegible].

3. **[illegible]:** [illegible]. [illegible]

[illegible]

[illegible]

□□□

[illegible]

- [illegible]: [illegible] Kernel Recovery [illegible]

- [illegible]: [illegible] Kernel Recovery [illegible] Kernel Recovery [illegible]

[illegible]

[illegible]:

[illegible] MTHFR C677T/A1298C [illegible] methylenetetrahydrofolate reductase (MTHFR) [illegible] 30-70% [illegible] 5-MTHF (methyltetrahydrofolate) [illegible] SAMe (s-adenosylmethionine) [illegible] BH4 (tetrahydrobiopterin) [illegible]

[illegible] COMT Val158Met [illegible] (dopamine)[illegible].

* **Val/Val (Warrior):** [illegible], [illegible].
* **Met/Met (Worrier):** [illegible] (catecholamine) [illegible].

[illegible]:

[illegible] GABRA2 [illegible] rs279858 [illegible] rs279845 [illegible] GABA-A [illegible]

[illegible] ([illegible]) [illegible] GABA-A [illegible] GABA [illegible]

[illegible]; [illegible] **(pharmacogenomics)** [illegible]

[illegible]: [illegible]

1. **[illegible]:**
   - [illegible] [illegible]
   - [illegible] [illegible] [illegible]

2. **[illegible]:**
   - [illegible] [illegible]
   - [illegible] [illegible] [illegible]

[illegible] [illegible]

[illegible]

[illegible] [illegible]

[illegible]:

* [illegible]
* [illegible]
* [illegible]
* [illegible]

- [illegible] - [illegible]

(Kār sāngget kāwām thrangcham thī mi ha khâo lūm u-nān, -[illegible] tae luem phlen kāo nāi kui kunt kłap kǎb [illegible] khaep nāi kār sāngget nāen.)

[illegible] "[illegible]" (Recovery Kernel) - [illegible]

[illegible] "[illegible]" [illegible]

[illegible] - [illegible]

1. **[illegible]:** [illegible]

2. **[illegible]

[illegible]

(Chāi mi chanoe khàn ankhàn i chīd khun khøngkhtak wà k̄hêl thāng nāen)

[illegible]

([illegible] "[illegible]" [illegible])

[illegible] 30 [illegible]

[illegible] "[illegible]" [illegible] "[illegible]"

[illegible] (your brain type doesn't excuse your behavior)

[illegible]? [illegible]

[illegible]

[illegible]

[illegible] (The Architect)

[illegible]

[illegible]

(Kunt mai tuk gan kha tharak)

Explanation:

This phrase conveys a sense of non-dependence on someone else's approval or comprehension. The direct and concise Thai translation maintains the same meaning while reflecting a warm, supportive tone suitable for peer support contexts.

[illegible]

[illegible]:

- **[illegible]**
- **[illegible]**
- **[illegible] ([illegible], "Naloxone") [illegible]**
- **[illegible] "Blueprint" [illegible]**
- **[illegible] ([illegible], "findahelpline.com")**

[illegible] (CYP450) [illegible]

[illegible]

[illegible] (methylation) [illegible] MTHFR [illegible]

[illegible] - [illegible]

[illegible] exaн[illegible] "[illegible]"

[illegible] "[illegible]" [illegible]

[illegible]

- [illegible]
- [illegible]
- [illegible]
- [illegible]

[illegible]

[illegible]

[illegible]

[illegible] amil [illegible]:

- **[illegible] amil [illegible]**: [illegible]
- **[illegible] YouTube**: [illegible] amil [illegible]
- **[illegible]**: [illegible] amil [illegible], [illegible]/[illegible]

[illegible]

(Kār fūn-wát khun dī mai tāng ngan kār sān-chāa kāo uen phū'nēn.)

[illegible]

(Kwaam rūkhā fā sēn kwaama okaas [illegible] thai māi chīm khaam changkăt.)

[illegible] 7: [illegible] [illegible]
[illegible]

[illegible] [illegible]... (Satharana dai den kab chun kund neung, neuk ja khon.)

(Note: This translation captures the emotional register and sensitivity required for a harm-reduction context. It avoids blaming or stigmatizing language, focusing on understanding reasons behind societal actions.)

- [illegible] - [illegible]

[illegible] "[illegible]" (Recovery Kernel) - [illegible] [illegible]

[illegible] "[illegible]" [illegible] [illegible] - [illegible] [illegible]

1. **[illegible] (Filter Harms):**
   - [illegible] [illegible] [illegible] [illegible]/[illegible]
   - [illegible] [illegible] [illegible] [illegible]

2. **[illegible] (Build Tools):**
   - [illegible] [illegible]/[illegible]

[illegible] [illegible]

[illegible] [illegible] [illegible]

[illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible]

[illegible]

[illegible] (The Architect)

[illegible]:

1. **[illegible]**: [illegible] [illegible] [illegible] [illegible].

2. **[illegible]**: [illegible]/[illegible]
[illegible] [illegible]
[illegible].

3. **[illegible]**: [illegible]
[illegible] [illegible]
[illegible].

4. **[illegible]

[illegible] (The Moral Framing Decision)

[illegible]:

[illegible]
[illegible]
[illegible] "[illegible]" [illegible] [illegible]
[illegible]
[illegible] [illegible]
[illegible]

[illegible]:

1. **[illegible]: ** [illegible]
[illegible] [illegible]
2. **[illegible]: [illegible]

[illegible] (addiction) [illegible] [illegible]
[illegible] [illegible] đạo đức [illegible],
[illegible], [illegible] — [illegible] [illegible]
[illegible] [illegible]
[illegible]

> *[illegible] [illegible]
> [illegible]
> [illegible]
> [illegible] [illegible]
> [illegible]*

[illegible]

[illegible]

[illegible]
[illegible]/[illegible]

[illegible] [illegible] [illegible] [illegible]
[illegible] [illegible]:

- **[illegible]:** [illegible]
[illegible]
- **[illegible]:** [illegible]
[illegible] [illegible]
[illegible]
- **[illegible]:** [illegible]

[illegible]
[illegible]:

1. **[illegible]**: [illegible]
[illegible] [illegible]
[illegible]

2. **[illegible]**: [illegible]
[illegible] [illegible] [illegible]
[illegible]

3. **[illegible]**: [illegible]
[illegible]

> *[illegible] [illegible] [illegible] [illegible] ([illegible]) [illegible] [illegible] [illegible] [illegible] [illegible]*

[illegible] (Recovery Kernel) - [illegible]
[illegible]

[illegible]:

[illegible]
[illegible]. [illegible]
[illegible]
[illegible], [illegible]:

1. **[illegible]**: [illegible]
[illegible] [illegible]
[illegible].
2. **[illegible]**: [illegible]
[illegible]

When healthcare systems ration access to addiction treatment, they frequently use the language of scarcity. There isn't enough funding, enough beds, enough trained providers. This is true. It is also a choice. The scarcity was constructed. Treatment that works costs less over a

lifetime than the criminal justice, emergency medical, and social services costs of untreated addiction.

> *[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]*

[illegible] (The Virtue of Suffering Doctrine)

[illegible]:

1. **[illegible]:** [illegible] [illegible], [illegible] [illegible]

2. **[illegible]:** [illegible], [illegible] [illegible]

3. **[illegible]:** [illegible]. [illegible]
The idea that someone must 'hit rock bottom' before they are ready to be helped is not supported by evidence. It is supported by the intuition that suffering purifies — a remnant of moral punishment frameworks — and by the practical usefulness of delaying expensive treatment until the crisis has resolved itself through mortality.

> *[illegible] [illegible] [illegible] [illegible]*

[illegible]: [illegible]

[illegible]:

1. **[illegible]:** [illegible] [illegible] [illegible]

2. **[illegible]:** [illegible] [illegible] [illegible] [illegible]

3. **□□□□□□□□□□□□□□□□□□□□□□:** □□□□□□□□□□□□□□□□□□□□

□□□□□□□□ 8: □□ (Self-Regulation)

1. **□□□□□□□□□□□□□□□□□□□

[illegible], [illegible], [illegible].

[illegible]

[illegible]

[illegible] "Recovery Kernel" ([illegible])

[illegible]:

1. **[illegible]:** [illegible]

2. **[illegible]:** [illegible]

3. **[illegible]:** [illegible]

[illegible] 15 [illegible] '[illegible]?'

[illegible] "[illegible]?"

[illegible].

[illegible]

(Chani khae khang, kun tai chao rak khan gahc chat chue khaen taeng ing si nii.)

[illegible], [illegible]

[illegible] — [illegible]

[illegible] (The Architect)

□□□

[illegible]

4. **[illegible] (Initiation)**
- [illegible]
- [illegible]

5. **

[illegible] 1-2	[illegible]	*[illegible]*
[illegible] 4-6	[illegible]	*[illegible] B12 [illegible] (methylfolate) [illegible] (homocysteine) [illegible]*
[illegible] 3	[illegible]	*[illegible] GABA [illegible]*
[illegible] 6	[illegible] (Phu thii rinten miim pen phuthee sangkam kae ngan tawan in khad nan iin, maew wa jai dram hrua sumbun. Mae waan teing tak ting ying pen thi.)	*[illegible]*
[illegible] 12	[illegible]	*[illegible]*

	□□□□

□□□

[illegible]

[illegible]

[illegible] [illegible]

[illegible]

[illegible]

[illegible]

[illegible] "[illegible]" [illegible] [illegible]

[illegible] βιο [illegible]

([illegible]... [illegible] "[illegible]" [illegible])

[illegible] (The Architect)

[illegible] [illegible] · [illegible] · [illegible] [illegible]

[illegible]

- **Recovery Kernel ([illegible]):** [illegible] [illegible]

- **Naloxone ([illegible]):** [illegible] [illegible]

- **COMT ([illegible]):** [illegible]

- **

[illegible] [illegible] [illegible]:

*1. **Recovery Kernel** - [illegible] ([illegible])*
*2. **Naloxone** - [illegible] ([illegible])*
*3. **COMT** - [illegible] 1 ([illegible])*
*4. **DRD2** - [illegible] ([illegible])*
*5. **MTHFR** - [illegible] ([illegible])*
*6. **Blueprint** - [illegible] ([illegible])*
*7. **findahelpline.com** - [illegible] ([illegible]*

(This information is a tool for recovery and support for individuals going through the process of withdrawal or loss of resilience.)	"Recovery Kernel" ок *Recovery Kernel* **1. **: **2. **: **3. **: (	
(neurotransmitter)	**(Brain Chemical)** **(Neurotransmitter)**	, , ,
(dopamine)	"" **(go get it)** "" **(Naloxone)** **(opioids)**	
(GABA)	**(Krabwan kaewd hun thong samruttaphap chit)** **1. **:** ""	

[illegible] "[illegible]" [illegible] GABA [illegible]	2. **[illegible]:** [illegible] 3. **[illegible]:** [illegible]	
MTHFR	[illegible] "[illegible]" — [illegible]	[illegible] (Gen ying khwae kuan sang khroang kham-khieo soi taeng khai, yang chammuek phai muen dii tep noen kham-khieo khon mae hai dee kham-khieo dhamma jai.)
COMT	[illegible]	[illegible]
[illegible] GABRA2 [illegible] GABRA2 [illegible] **[illegible]:**	[illegible] **"Your brain's brake cable"** [illegible] "[illegible]" [illegible] "[illegible]" **[illegible]:** * [illegible], [illegible] * [illegible] **[illegible] "Your brain's brake cable" [illegible]?** [illegible]	[illegible]

1. **[illegible] GABRA2:** [illegible] GABRA2 [illegible] 2. **[illegible]:** [illegible]		
[illegible] (Pharmacogenomics) [illegible] (DNA) [illegible]	[illegible]? [illegible] DNA [illegible] ([illegible]) [illegible] DNA [illegible] (pharmacogenomics) [illegible]: - **[illegible]:** DNA [illegible] - **[illegible]:** [illegible] DNA [illegible]	[illegible]
[illegible] (Psychosemantics) [illegible]	[illegible]: [illegible] "[illegible]" [illegible] [illegible] "[illegible]" [illegible] "[illegible]" [illegible]	[illegible] [illegible]

□□□□□ □□□ □□□□□

(treatment-resistant)		
[illegible] "[illegible]" [illegible] - **[illegible]:** [illegible] - **[illegible]:** [illegible] - **[illegible]:** [illegible]	[illegible]	The invisible system that determines which people's problems get called a crisis and which get called a crime.

[illegible]
(Kăr fuean pen chèu ḁa khài sḁa chì wát sùk phâp è-lăo māi khaen khwân)

** **[illegible]:** [illegible]*
(Mâi maī-ut nī thài chēa kham aenāneah thang kàr pæthaiy)

** **[illegible]:** [illegible] CC0 [illegible]*

□□□□□□

(Likh sud phâp khwân thāi māi chān găt □□□ nī pen làk pradak CC0 thang chi'n sōt ai dâi sùd)

Crisis: call or text 988 · Emergency: 911 · Free resources: archive.org/details/the-recovery-kernel